



## Adult BMI Assessment (ABA)

**Description:** Members 18-74 years of age who had an outpatient visit and who had their body mass index (BMI) documented during **2019** or **2018**.

### Documentation guidelines

- Documentation must be from the same data source, *example: PCP office visit*
  - For members **20 years and older on date of service** documentation must indicate **ALL** of the following:
    - Weight
    - BMI value
    - Documented in the medical record in **2019** or **2018**
  - For members **younger than 20 on date of service** documentation must indicate **ALL** of the following:
    - Height
    - Weight
    - BMI percentile - *BMI Percentile documented as a :*
      - *Value e.g. 85th percentile*
      - OR**
      - *Plotted on an age –growth chart*
  - Documented in medical record in **2019** or **2018**

**Tip:** Claim submission with ICD-10 coding can be used to make a member compliant without a chart review

Description	ICD-10
Body mass index (BMI) 19 or less, adult	Z68.1
Body mass index (BMI) 20.0-20.9, adult	Z68.20
Body mass index (BMI) 21.0-21.9, adult	Z68.21
Body mass index (BMI) 22.0-22.9, adult	Z68.22
Body mass index (BMI) 23.0-23.9, adult	Z68.23
Body mass index (BMI) 24.0-24.9, adult	Z68.24
Body mass index (BMI) 25.0-25.9, adult	Z68.25
Body mass index (BMI) 26.0-26.9, adult	Z68.26
Body mass index (BMI) 27.0-27.9, adult	Z68.27
Body mass index (BMI) 28.0-28.9, adult	Z68.28
Body mass index (BMI) 29.0-29.9, adult	Z68.29
Body mass index (BMI) 30.0-30.9, adult	Z68.30
Body mass index (BMI) 31.0-31.9, adult	Z68.31
Body mass index (BMI) 32.0-32.9, adult	Z68.32
Body mass index (BMI) 33.0-33.9, adult	Z68.33
Body mass index (BMI) 34.0-34.9, adult	Z68.34
Body mass index (BMI) 35.0-35.9, adult	Z68.35
Body mass index (BMI) 36.0-36.9, adult	Z68.36
Body mass index (BMI) 37.0-37.9, adult	Z68.37
Body mass index (BMI) 38.0-38.9, adult	Z68.38
Body mass index (BMI) 39.0-39.9, adult	Z68.39
Body mass index (BMI) 40.0-44.9, adult	Z68.41
Body mass index (BMI) 45.0-49.9, adult	Z68.42
Body mass index (BMI) 50-59.9, adult	Z68.43
Body mass index (BMI) 60.0-69.9, adult	Z68.44
Body mass index (BMI) 70 or greater, adult	Z68.45
Body mass index (BMI) pediatric, less than 5 <sup>th</sup> percentile for age	Z68.51
Body mass index (BMI) pediatric, 5th percentile to less than 85th percentile for age	Z68.52
Body mass index (BMI) pediatric, 85th percentile to less than 95th percentile for age	Z68.53
Body mass index (BMI) pediatric, greater than or equal to 95th percentile for age	Z68.54